



This Institution is an equal opportunity provider
Menus are subject to change



Groveton Elementary School
Lunch
August/September 2017

	Tues., Aug. 29	Wed., Aug 30	Thurs., Aug 31	Fri., Sept. 1
Taste Test Event Thursday August 31 Featuring Tomatoes & Cauliflower/ Broccoli	Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked French Fries Steamed Green Beans	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Broccoli Salad Fresh Carrot Sticks w/Hummus	Taste Test Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Spinach Salad Italian Bean Salad	No School
Mon., Sept. 4	Tues., Sept. 5	Wed., Sept. 6	Thurs., Sept. 7	Fri., Sept. 8
Labor Day	Dress Your Own Hot Dog Roasted Fresh Sweet Potato Wedges Baked Beans	Minestrone Soup Homemade Cheesy Breadsticks w/Marinara Steamed Carrots	Homemade Shepherd's Pie Baker's Hand Rolled Dinner Roll <u>Roasted Broccoli</u>	BirthDay Celebration Slow Roasted BBQ Pork Sandwich Creamy Coleslaw Roasted Chick Peas
Mon., Sept. 11	Tues., Sept. 12	Wed., Sept. 13	Thurs, Sept. 14	Fri., Sept. 15
Meatball Sub Garden Pasta Salad Fresh Celery w/ Hummus Dip	Creamy Macaroni & Cheese Homemade Cornbread Caesar Salad Steamed Carrots	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <u>Steamed Cauliflower</u> Warm Black Beans	Oven Roasted Hot Turkey Sandwich Chef's Mashed Potato Steamed Peas & Carrots	Maple Apple French Toast Bake <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Fresh Green Pepper Strips
Mon., Sept. 18	Tues., Sept. 19	Wed., Sept. 20	Thurs, Sept. 21	Fri., Sept. 22
Oven Baked Chicken Nuggets w/Dipping Sauce Hand Cut Roasted Potato Wedges Baked Beans	Taco Bar w/ Soft Shell <i>Homemade Salsa w/Fresh Tomatoes</i> Cherry Tomato & Corn Salad	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <i>Local Corn on the Cob</i> Chopped Green Salad	Chef's Special Goulash Garlic Breadstick <u>Maple Broccoli</u>	Grilled Cheese Sandwich From Scratch Chicken Noodle Soup Celery Sticks w/Hummus Dip
Mon., Sept. 25	Tues., Sept. 26	Wed., Sept. 27	Thurs, Sept. 28	Fri., Sept. 29
Dress Your Own Burger Hand Cut French Fries Baked Beans	Chicken Fajitas w/Sauteed Onions & Peppers Rice Pilaf Marinated Black Beans	Minestrone Soup Homemade Cheesy Breadsticks w/Marinara Chopped Green Salad	Spaghetti w/ Meat or Marinara Sauce Garlic Breadstick Fresh Carrot Sticks w/Hummus	Pork Fried Rice Steamed Broccoli Dinner Roll Fortune Cookie

Daily Lunch Offerings:

Main Meal or
Yogurt Parfait or
Deli Sandwich

**Offered with all Meals
Fresh Fruit**

**Hood Milk: Skim, 1%
white or
Fat-Free Chocolate**

Harvest of the Month



August
Tomatoes

September
Broccoli/
Cauliflower



Local Products Used
when available

*Items in bold and italicized are
Local Products*

**Items in Bold and Underlined are
Harvest of the Month & Feed Items**

All items in Bold are
Recipes from the
New School Cuisine
Cookbook created
by
Vermont FEED

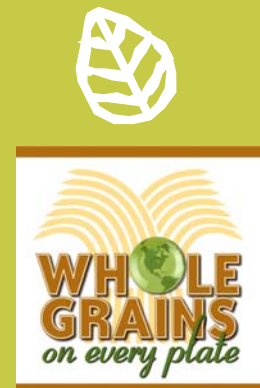
Prices

Breakfast	\$1.50	Lunch	\$2.60
Reduced	\$.30		\$.40
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
		Milk	\$.50

**Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link**

**We Support Local New England
Companies**

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





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Tues., Aug. 29

IW Wrapped Breakfast Bun
Fresh Fruit
Milk

Wed., Aug 30

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs., Aug 31

Homemade Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 1

No School

Mon., Sept. 4

Labor Day

Tues., Sept. 5

IW Wrapped Breakfast Bun
Fresh Fruit
Milk

Wed., Sept. 6

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs., Sept. 7

Homemade Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 8

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept. 11

Whole Grain Breakfast Bun
Fresh Fruit
Milk

Tues., Sept. 12

IW Wrapped Breakfast Bun
Fresh Fruit
Milk

Wed., Sept. 13

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept. 14

Homemade Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 15

Sausage & Cheese Muffin
Fresh Fruit
Milk

Mon., Sept. 18

Whole Grain Breakfast Bun
Fresh Fruit
Milk

Tues., Sept. 19

IW Wrapped Breakfast Bun
Fresh Fruit
Milk

Wed., Sept. 20

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept. 21

Homemade Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 22

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept. 25

Whole Grain Breakfast Bun
Fresh Fruit
Milk

Tues., Sept. 26

IW Wrapped Breakfast Bun
Fresh Fruit
Milk

Wed., Sept. 27

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept. 28

Homemade Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 29

Sausage & Cheese Muffin
Fresh Fruit
Milk



Groveton Elementary School Breakfast
August/September 2017

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

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Reduced	\$.30		\$.40
Adult Breakfast	\$2.00	Adult Lunch	\$3.50
		Milk	\$.50

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Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

